

**REACH OUT:** The Yavapai Model to Reducing the Number of People with Mental Health & Substance Use Disorders Within the Criminal Justice System





Enhance public safety; prevent and reduce the harmful effects of criminal and delinquent behavior on victims, individuals, and communities; adjudicate defendants and sanction offenders fairly and justly; and that are effective and efficient. (NCJA)



The goal of all mental health services and systems should be **to support individuals at all stages of their recovery to live their best lives.**(MHA)





Stepping Up: A National Initiative to Reduce the Number of People with Mental Illnesses in Jails

<https://stepuptogether.org/>



Data-Driven Justice Playbook:  
How to Develop a System of Diversion

<https://www.naco.org/resources/data-driven-justice-playbook>

# Local Criminal Justice & Mental Health Agency Coordination





# DATA DRIVEN CONVERSATIONS

## TREATMENT

- # in community with Serious Mental Illnesses
- # being treated who disclose they are justice involved

## LAW ENFORCEMENT

- # of calls that are being or could be diverted for behavioral health needs

## JAIL

- Recidivism #s
- Booking charges
- Medical staff #s with medication for mental health concerns
- Medical staff #s of people detoxing when booked

## SPECIALITY COURTS

- Participant #s

## HOUSING

- Emergency housing #s for those releasing from jail

## SCHOOLS

- Children of incarcerated parents

## MEDICAID HEALTH PLANS

- # of those with suspended due to incarceration enrollments

## PROBATION

- # of probationers on specialized case loads

# YAVAPAI JUSTICE & MENTAL HEALTH COALITION

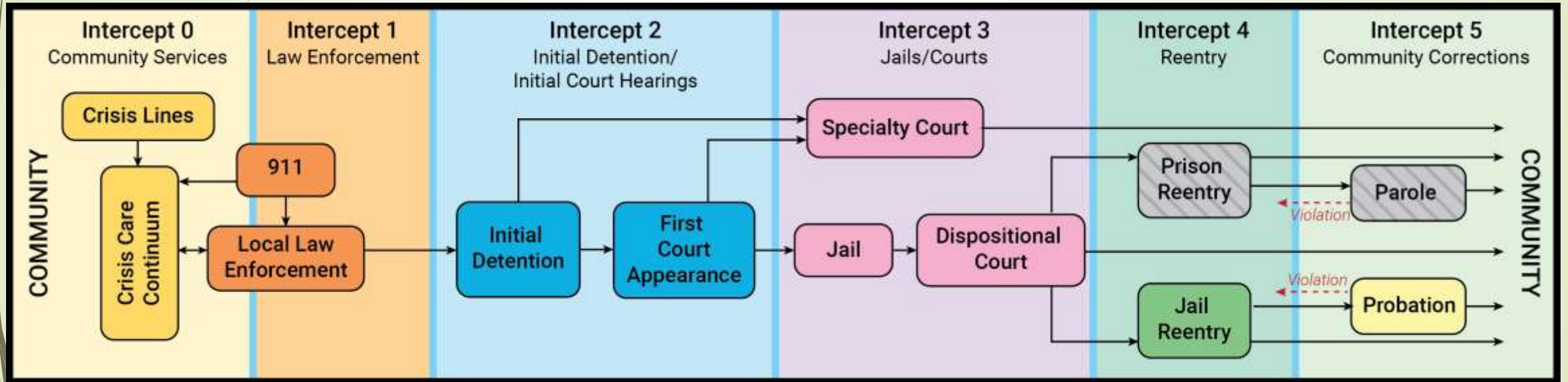
**Improve cross-system collaboration to reduce involvement in the justice system by people with mental and substance use disorders**

- Fewer arrests & shorter lengths of stay in jail of people with mental & substance use disorders
- Increased engagement & stability
- Increased use of alternative services/programs
- Less DOC sentencing



***Building a healthy and safe community through partnerships and collaboration.***

# EVALUATING CROSS-SYSTEM RESOURCES, COLLABORATIONS & PROCESSES

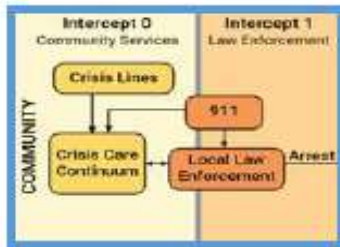


# Yavapai County Reach Out Program



## PRE-ARREST DIVERSION

In an effort to prevent arrests, trained Law Enforcement Officers utilize de-escalation skills and community 24/7 Crisis Response Teams to provide mental health treatment and support to divert from jail.

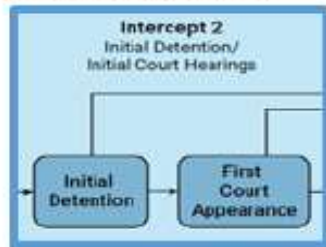


### Did you know?

In 2017, Crisis Intervention Teams and Stabilization Units responded to 611 law enforcement calls for service. 99% of these calls resulted in treatment rather than arrest.

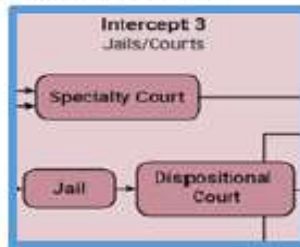
## INMATE SCREENING

At time of booking, all inmates screened for mental health and substance use disorders. Those needing further assessment are connected to appropriate providers. Information is then provided to the court of jurisdiction for use during the inmates Initial Appearance.



## ASSESSMENT COORDINATION

Inmates meeting criteria receive an assessment and a treatment plan is developed. Collaboration occurs between the Jail, Regional Behavioral Health Authority, local Behavioral Health Homes and the Courts for determination of whether alternative services are appropriate or not.



## RELEASE TO TREATMENT

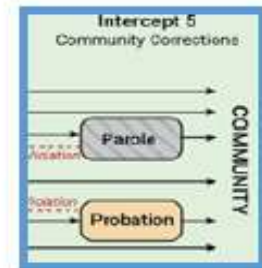
The Jail collaborates with Pre-Trial Services and the Courts for diversion to treatment. Services begin within 24 hours of release and transportation is provided to ensure success.

Individuals participating in the Post Arrest Diversion program are connected with SA & MH services (reduced jail time, earlier treatment).



## TRACK, REPORT & SUPPORT

Progress tracked in the program through Jail, Pre-Trial Services and the Behavioral Health Home. Released inmates provided Reentry support through employment, housing, coaching and other community resources.



### It is a fact...

Those individuals diverted:

- Have fewer jail days
- use less alcohol and drugs
- have fewer arrests post diversion
- have improved quality of life



### Diversion is imperative!

On average, people with mental illnesses remain incarcerated 8 times longer than people without mental illnesses arrested for the exact same charge, at a cost 7 times higher. (David's Hope, AZ, 2017)



# ELEMENTS OF A STRONG PRE-ARREST DIVERSION



# COORDINATION & FACILITATION OF TREATMENT OPTIONS POST-ARREST

8. Have you ever had a persistent, lasting thought or impulse to do considerable distress and interfered with normal routines, work, or repeatedly counting things, checking and rechecking on things you praying, or maintaining a very rigid schedule of daily activities from  
 \_\_\_ YES \_\_\_ NO
9. Have you ever been told by teachers, guidance counselors, or others that you were a danger to yourself or others?  
 \_\_\_ YES \_\_\_ NO
10. Have you ever heard voices that one else could see or seen objects that others could not see?  
 \_\_\_ Yes \_\_\_ No

Total Score: \_\_\_\_\_ (each yes = 1 point)

## ADVERSE CHILDHOOD EXPERIENCE (ACE)

While you were growing up, during your first 18 years of life:

1. Did a parent or other adult in the household often ...swear at you or Act in a way that made you afraid that you might be physically harmed?  
 \_\_\_ Yes \_\_\_ No
2. Did a parent or other adult in the household often ...push, grab, yell, or scold you so hard that you had marks or were injured?  
 \_\_\_ Yes \_\_\_ No
3. Did an adult or person at least 5 years older than you ever...Touch you sexually? Or try to or actually have oral, anal, or vaginal sex with you?  
 \_\_\_ Yes \_\_\_ No
4. Did you often feel that ...no one in your family loved you or that you were not important to your family didn't look out for each other, feel close to each other, or spend a lot of time together?  
 \_\_\_ Yes \_\_\_ No
5. Did you often feel that ...you didn't have enough to eat, had to watch your parents or other adults drink alcohol or use drugs, or were in a household where someone was drinking or using drugs?  
 \_\_\_ Yes \_\_\_ No
6. Were your parents ever separated or divorced?  
 \_\_\_ Yes \_\_\_ No
7. Was your mother or stepmother: Often pushed, grabbed, slapped, or had you by the neck or hair, or was very nice to you but sometimes or often kicked, bitten, hit with a fist, or hit with some other object or kicked repeatedly, or was ever repeatedly hit over at least a few minutes or threatened with a gun or knife?  
 \_\_\_ Yes \_\_\_ No
8. Did you live with anyone who was a problem drinker or alcoholic or who used alcohol heavily?  
 \_\_\_ Yes \_\_\_ No
9. Was a household member depressed or mentally ill or did a household member ever attempt suicide?  
 \_\_\_ Yes \_\_\_ No
10. Did a household member go to prison?  
 \_\_\_ Yes \_\_\_ No

Total Score: \_\_\_\_\_ (each yes = 1 point)

Overall Score: \_\_\_\_\_ Risk  
 BH to which inmate will be assigned: \_\_\_\_\_  
 AHCCCS \_\_\_ Yes \_\_\_ No

Name of Release Coordinator: \_\_\_\_\_  
 Reviewer's comments: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

## REACH OUT SCREENING FORM

Inmate Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Arrest Date: \_\_\_\_\_

### SUBSTANCE ABUSE:

During the Past 6 Months:

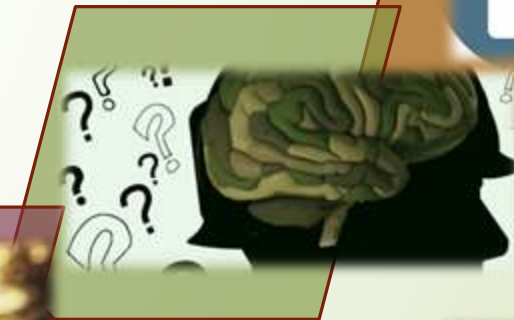
1. Do you use alcohol or other drugs? (Such as wine, beer, hard liquor, marijuana, cocaine, heroin or other opioids, hallucinogens, or inhalants)  
 \_\_\_ Yes \_\_\_ No
2. Do you feel you use too much alcohol or other drugs?  
 \_\_\_ Yes \_\_\_ No
3. Have you tried to cut down on drugs or alcohol but were unable to?  
 \_\_\_ Yes \_\_\_ No
4. Has drinking or drug use cause problems between you and your family, friends or work?  
 \_\_\_ Yes \_\_\_ No
5. Do you increase your drinking or drugs use to get the effect you want?  
 \_\_\_ Yes \_\_\_ No
6. Do you spend a lot of time thinking about or trying to get alcohol or other drugs?  
 \_\_\_ Yes \_\_\_ No
7. Do you feel bad or guilty about your drinking or drug use?  
 \_\_\_ Yes \_\_\_ No
8. Does your drug use cause emotional or psychological problems?  
 \_\_\_ Yes \_\_\_ No
9. Do you feel you have a drinking or drug problem now?  
 \_\_\_ Yes \_\_\_ No
10. Is it important is it for you to get drug treatment now?  
 \_\_\_ Yes \_\_\_ No

Total Score: \_\_\_\_\_ (each yes = 1 point)

7 - 10 YES = High Risk  
 5 - 6 YES = Moderate  
 1 - 4 Yes = Low Risk

### MENTAL HEALTH

1. Have you ever talked to a psychiatrist, psychologist, therapist, social worker, or counselor about an emotional problem?  
 \_\_\_ YES \_\_\_ NO
2. Have you ever been advised to take medication for anxiety, depression, hearing voices, or for any other emotional problem?  
 \_\_\_ YES \_\_\_ NO
3. Have you ever been seen in a psychiatric emergency room or been hospitalized for psychiatric reasons?  
 \_\_\_ YES \_\_\_ NO
4. Have you ever had nightmares or flashbacks as a result of being involved in some traumatic/terrible event, example, warfare, gang fights, fire, domestic violence, rape, incest, car accident, being shot or stabbed?  
 \_\_\_ YES \_\_\_ NO
5. Have you ever given in to an aggressive urge or impulse, on more than one occasion that resulted in harm to others or led to the destruction of property?  
 \_\_\_ YES \_\_\_ NO
6. Have you ever had a period of time when you were so full of energy and your ideas came very rapidly, you talked nearly non-stop, when you moved quickly from one activity to another, when you needed little sleep, or you believed you could do almost anything?  
 \_\_\_ YES \_\_\_ NO
7. Have you ever had spells or attacks when you suddenly felt anxious, frightened, uneasy to the extent that you began sweating, your heart began to beat rapidly, you were shaking or trembling, your stomach was upset, you felt dizzy or unsteady, as if you would faint?  
 \_\_\_ YES \_\_\_ NO



# COORDINATION OF CARE AFTER INCARCERATION



# DEVELOPMENT OF A CROSS-SYSTEM RECVISIM TRACKING DATABASE



## YAVAPAI COUNTY REACH OUT PROGRAM

Pre-Arrest Diversion

Coalition Resources

Referral Agencies &  
Applications

Pre-Arrest Diversion  
Dashboard

Email Log

Export Data

Reach Out

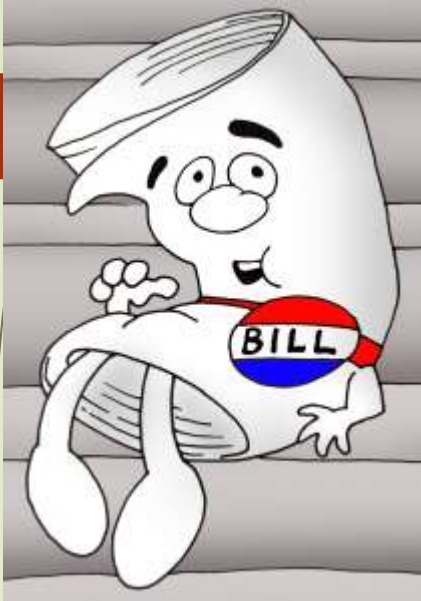
Post-Arrest Diversion

Released List &  
Follow-Up

Post-Arrest Diversion  
Dashboard

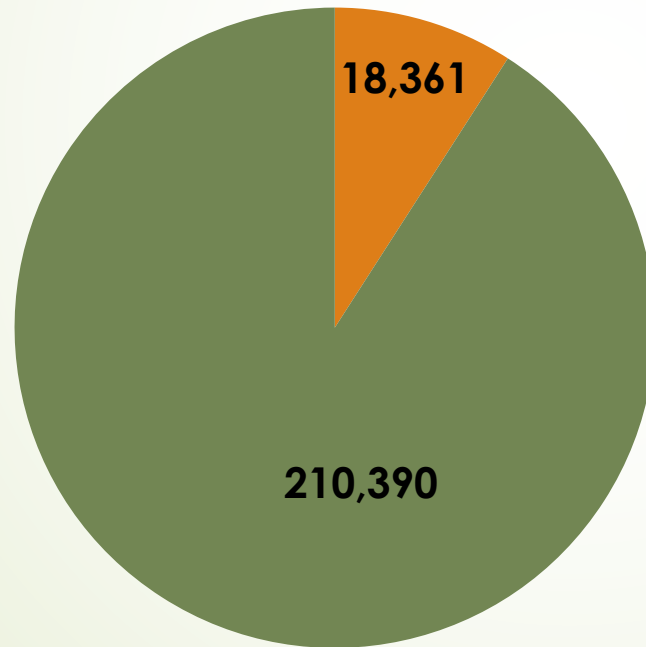
BJA Report

Data Clean Up



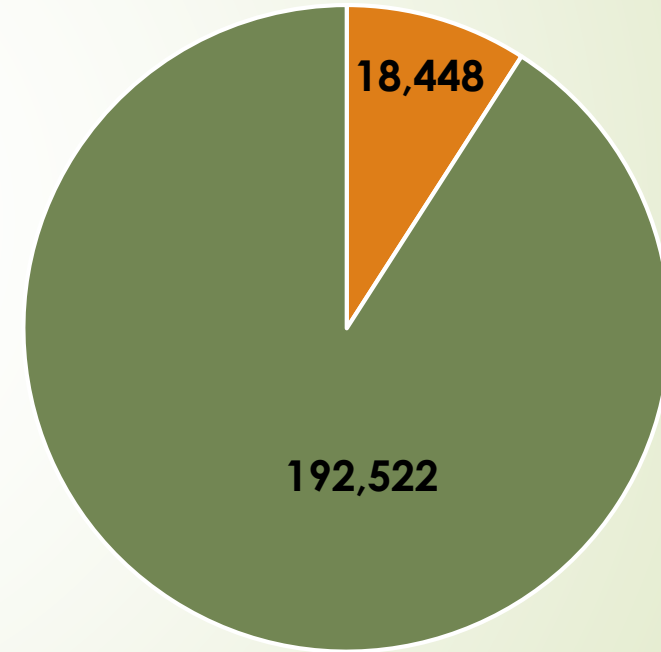
# HAVE YOU PRIORITIZED POLICY, PRACTICE & FUNDING?

Arizona Annual Inmate Admissions  
(2018)



- Department of Corrections
- County Jail

Arizona Annual Inmate Releases  
(2018)



***Thank You***

**David Rhodes**, Chief Deputy

[David.Rhodes@Yavapai.US](mailto:David.Rhodes@Yavapai.US) 928-771-3260

**Beya Thayer**, Executive Director

[Beya.Thayer@Yavapai.US](mailto:Beya.Thayer@Yavapai.US) 928-554-8820

*Yavapai County Sheriff's Office*

